



FOR FURTHER INFORMATION CONTACT:  
Deb Eiring, Public Affairs Specialist  
605.745.2031 (Daytime)  
605.890.2758 (Cell)

# News Release

---

## **FOR IMMEDIATE RELEASE**

**April 18, 2011**

### **VA Black Hills Health Care System to Host Women Veterans Health Fair**

The Department of Veterans Affairs (VA) Black Hills Health Care System invites women Veterans from all eras to participate in their second annual “Women Veterans Health Fair.” The event will take place at Rapid City Regional Hospital, East and West Auditoriums in Rapid City, SD on Saturday, May 7, 2011.

The health fair which runs from 10:00am – 3:00pm includes workshops on issues specifically related to women’s health. Participants will be able to visit informational booths to learn more about VA services and benefits and speak with representatives from a number of Veteran organizations. Presentations on healthy cooking, yoga, mind/body connection, heart health and “Zumba” will also be presented.

There is no fee to attend the Health Fair. Healthy snacks will be provided. Come join the fun; interact with other women Veterans, learn about healthy and fun ways to improve your quality of life.

Individuals with questions about the Health Fair may contact Dianna Monahan, VA Black Hills Health Care System Women Veterans Program Manager at 800-743-1070, Ext. 97247.

###